

Occupational health surveillance

Employee health, fitness & wellbeing are essential to your workforce. Joanne Murphy of JCM Training Services works closely with two independent Occupational Health Advisors who aim to provide pro-active workplace wellbeing strategies to promote a healthy lifestyle in partnership with workplaces. The rewards for the individual and the organisation can be significant.

The two independent Occupational Health Advisors specialise in delivering on-site solutions aimed at creating healthier and happier workplaces.

List of Occupational Health Screening Services available -

Pre Employment Health Assessment

Annual Health Surveillance

Night Workers Assessment

Sickness Absence/Case Management

Accident Investigation

Risk Assessment

Pregnant Workers Assessment

DSE assessment - including Vision Screening

Health Promotion

Health Screening - eg Blood Pressure Measurement, Cholesterol Testing

Health Education - eg Diet/Exercise. Men's & Women's Health

Drug and Alcohol Screening - Pre Employment

For Cause (Following Accident/Incident)

Flu Immunisation Flu Vaccination Campaign - (September- November)

Anaphylaxis course

This course is presented over 4 hours over 1 day. This course has a maximum of 12 students - the minimum being 8 students. Presentation concentrates on practical exercises with the necessary theory knowledge provided in an informal atmosphere. Each student is provided with an Emergency First Aid Booklet. The certificate of attendance is valid for a period of 1 year from the date of the completed course.

The course is designed to meet the needs of all people in the workplace, who may be involved in the treatment and administration of

adrenaline whilst dealing with a casualty who suffers an anaphylactic reaction / event.

The syllabus includes -

Legal Principles

Clinical negligence "Bolam Principle"

Recognition features and treatment of the casualty having an anaphylactic reaction / event

Side effects and contra- indications of adrenaline

How and where to administer adrenaline in an emergency

Revision of adult, Infant & Child Recovery Position

Revision of adult, Infant & Child CPR